

Minima CB WE II 2023 - 2024 50m
HEREN / MESSIEURS

		15 jaar	16 jaar	17 jaar	18 jaar	19+ jaar	
		2008	2007	2006	2005	2004	& -
2023		2008	2007	2006	2005	2004	& -
2024		2009	2008	2007	2006	2005	& -
Vrije slag / Nage libre	50 m	00:28,03	00:27,29	00:26,85	00:26,56	0:25,24	
	100 m	01:01,53	00:59,77	00:59,00	00:58,25	0:57,27	
	200 m	02:14,71	02:10,54	02:08,96	02:07,32	2:05,87	
	400 m	04:47,28	04:38,58	04:35,14	04:30,94	4:27,16	
	1500 m	19:00,27	18:34,38	18:14,78	17:56,77	17:43,29	
Rugslag / Dos	50 m	0:33,16	0:32,29	0:31,61	0:30,94	0:30,54	
	100 m	1:11,07	1:09,32	1:07,68	1:06,51	1:03,94	
	200 m	2:34,24	2:30,72	2:27,18	2:25,45	2:23,90	
Schoolslag / Brasse	50 m	0:36,36	0:35,54	0:34,92	0:34,13	0:32,54	
	100 m	1:19,73	1:18,26	1:16,20	1:14,95	1:13,38	
	200 m	2:55,16	2:51,71	2:46,96	2:43,68	2:41,09	
Vlinderslag / Papillon	50 m	0:30,94	0:29,95	0:29,53	0:29,07	0:27,12	
	100 m	1:08,31	1:06,03	1:05,00	1:04,43	1:01,78	
	200 m	2:35,92	2:31,02	2:27,58	2:25,20	2:23,98	
Wisselslag / 4 Nages	200 m	02:31,79	02:27,44	02:24,96	02:23,07	2:21,47	
	400 m	05:22,60	05:15,59	05:09,04	05:05,06	5:02,02	

Minima CB WE II 2023 - 2024 25m
HEREN / MESSIEURS

		15 jaar	16 jaar	17 jaar	18 jaar	19+ jaar	
		2008	2007	2006	2005	2004	& -
2023		2008	2007	2006	2005	2004	& -
2024		2009	2008	2007	2006	2005	& -
Vrije slag / Nage libre	50 m	0:27,23	0:26,49	0:26,05	0:25,76	0:24,44	
	100 m	0:59,83	0:58,07	0:57,30	0:56,55	0:55,57	
	200 m	2:11,31	2:07,14	2:05,56	2:03,92	2:02,47	
	400 m	4:40,48	4:31,78	4:28,34	4:24,14	4:20,36	
	1500 m	18:34,77	18:08,88	17:49,28	17:31,27	17:17,79	
Rugslag / Dos	50 m	0:32,56	0:31,69	0:31,01	0:30,34	0:29,94	
	100 m	1:09,87	1:08,12	1:06,48	1:05,31	1:02,74	
	200 m	2:31,84	2:28,32	2:24,78	2:23,05	2:21,50	
Schoolslag / Brasse	50 m	0:35,36	0:34,54	0:33,92	0:33,13	0:31,54	
	100 m	1:17,73	1:16,26	1:14,20	1:12,95	1:11,38	
	200 m	2:51,16	2:47,71	2:42,96	2:39,68	2:37,09	
Vlinderslag / Papillon	50 m	0:30,24	0:29,25	0:28,83	0:28,37	0:26,42	
	100 m	1:06,91	1:04,63	1:03,60	1:03,03	1:00,38	
	200 m	2:33,12	2:28,22	2:24,78	2:22,40	2:21,18	
Wisselslag / 4 Nages	200 m	2:28,59	2:24,24	2:21,76	2:19,87	2:18,27	
	400 m	5:16,30	5:09,29	5:02,74	4:58,76	4:55,72	

Minima CB WE II 2023 - 2024 50m
DAMES

		15 jaar	16 jaar	17 jaar	18 jaar	19+ jaar	
		2008	2007	2006	2005	2004	& -
2023		2008	2007	2006	2005	2004	& -
2024		2009	2008	2007	2006	2005	& -
Vrije slag / Nage libre	50 m	00:30,21	00:29,69	00:29,61	00:29,46	0:29,21	
	100 m	01:05,19	01:04,23	01:04,12	01:03,82	1:03,25	
	200 m	02:21,12	02:19,17	02:17,78	02:17,37	2:17,19	
	400 m	04:58,53	04:53,53	04:50,65	04:50,60	4:48,83	
	800 m	10:12,88	10:05,71	09:58,97	09:56,85	9:53,40	
Rugslag / Dos	50 m	0:35,28	0:34,76	0:34,52	0:34,29	0:33,99	
	100 m	1:15,55	1:14,70	1:14,13	1:13,28	1:12,84	
	200 m	2:43,06	2:39,81	2:38,50	2:37,65	2:36,23	
Schoolslag / Brasse	50 m	0:39,07	0:38,32	0:38,01	0:37,78	0:37,67	
	100 m	1:25,04	1:23,33	1:22,70	1:22,20	1:21,62	
	200 m	3:06,12	3:02,62	3:00,48	2:59,76	2:58,19	
Vlinderslag / Papillon	50 m	0:33,24	0:32,53	0:32,20	0:31,98	0:31,68	
	100 m	1:12,91	1:12,03	1:11,31	1:10,95	1:10,25	
	200 m	2:44,60	2:41,13	2:39,66	2:39,35	2:38,69	
Wisselslag / 4 Nages	200 m	02:39,86	02:37,18	02:36,20	02:35,15	2:34,90	
	400 m	05:39,99	05:34,54	05:30,59	05:29,27	5:29,01	

Minima CB WE II 2023 - 2024 25m
DAMES

		15 jaar	16 jaar	17 jaar	18 jaar	19+ jaar	
		2008	2007	2006	2005	2004	& -
2023		2008	2007	2006	2005	2004	& -
2024		2009	2008	2007	2006	2005	& -
Vrije slag / Nage libre	50 m	0:29,41	0:28,89	0:28,81	0:28,66	0:28,41	
	100 m	1:03,49	1:02,53	1:02,42	1:02,12	1:01,55	
	200 m	2:17,72	2:15,77	2:14,38	2:13,97	2:13,79	
	400 m	4:51,73	4:46,73	4:43,85	4:43,80	4:42,03	
	800 m	9:59,28	9:52,11	9:45,37	9:43,25	9:39,80	
Rugslag / Dos	50 m	0:34,68	0:34,16	0:33,92	0:33,69	0:33,39	
	100 m	1:14,35	1:13,50	1:12,93	1:12,08	1:11,64	
	200 m	2:40,66	2:37,41	2:36,10	2:35,25	2:33,83	
Schoolslag / Brasse	50 m	0:38,07	0:37,32	0:37,01	0:36,78	0:36,67	
	100 m	1:23,04	1:21,33	1:20,70	1:20,20	1:19,62	
	200 m	3:02,12	2:58,62	2:56,48	2:55,76	2:54,19	
Vlinderslag / Papillon	50 m	0:32,54	0:31,83	0:31,50	0:31,28	0:30,98	
	100 m	1:11,51	1:10,63	1:09,91	1:09,55	1:08,85	
	200 m	2:41,80	2:38,33	2:36,86	2:36,55	2:35,89	
Wisselslag / 4 Nages	200 m	2:36,66	2:33,98	2:33,00	2:31,95	2:31,70	
	400 m	5:33,69	5:28,24	5:24,29	5:22,97	5:22,71	



FEDERATION ROYALE BELGE DE NATATION KONINKLIJKE BELGISCHE ZWEMBOND



ASSOCIATION SANS BUT LUCRATIF
VERENIGING ZONDER WINSTOOGMERK
FONDEE EN 1902 – GESTICHT IN 1902

AFFILIEE A LA W.A. – L.E.N ET C.O.I.B.
AANGESLOTEN BIJ DE W.A. – L.E.N ET B.O.I.C.
ONDERNEMINGSNR. 0409.395.428 N°D'ENTREPRISE